GLOBAL YOUNG LEADERS
who share a common goal of amplifying the voices of young people in global mental health

SUPPORTED BY WELLCOME TRUST GRANT £20k

& supported by NEUROSEC Team

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CHAIRS
Together created **My Mind Our Humanity**, a global campaign...

**To integrate the voices and experiences of young people into public debate**

**To educate and inspire young people to act to promote well-being in our communities**

**To promote the view that mental health is a fundamental part of being human**
MY MIND OUR HUMANITY
Achievements from the online campaign

Series of bespoke campaign materials produced in 5 languages, in collaboration with global artists, poets, musicians, authors and videographers

10.5K followers

1K User-submitted posts using #mymindourhumanity
My Mind Our Humanity

4 animations produced

~ 50K views per video

POSITIVE FEEDBACK FROM YOUTH

55,112 views

November 12, 2018
**ART Festivals/Contests**

Hosted online

**Shared Humanity Image Festival**

- ~100 photos/illustrations submitted in one week
- ~8k online engagements

Top submissions exhibited at III Digital Mental Health Conference and Online Gallery

**Mental Health Poetry Festival**

- ~850 poems submitted
- 6 different languages
- ~100k online engagements

Winning poem performed at World Health Assembly
YOUNG LEADERS
attended and joined panels at LC-GMH launches

Grace Gatera
at I World Ministerial Summit

Chinwendu Ukachukwu
at Strategies to Revitalise Mental Health Service in Nigeria

Claudia Sartor
at Lisbon Institute of Global Mental Health Meeting
Published with key recommendations to prioritise youth mental health, produced by Young Leaders and MHIN
Launched at side event at World Health Assembly and UNICEF Leading Minds Conference by leading author Chantelle Booysen

Recommendations featured at UNICEF webpage
Kenyan Hub of My Mind Our Humanity launched by Damian Omar

2 events involving music, talks, poetry and personal testimonies

>400 attendees, for the most part University students

97% would like to see more events like that

Awesome was the most common word used to describe the events

MH Stories shared openly was their favourite part of the events
Involved in drafting the Sharjah Declaration with NCD Child, which states core priorities for beating NCDs

Provided consultation for Lancet Commission on the Value of Death

Currently consulting on WHO/UNICEF Report on Developmental Delays and Disabilities

Young Leaders’ expertise sought by several external partners

Today #mymindourhumanity is at the Global NCD Forum on Children and Youth, raising mental health awareness in the #UAE!

#ncdchild #focp #focpuae #lancetgmh #timetoact #ncd #sharjahevents #youthempowerment #mentalhealthawareness #mentalhealth #mentalhealthadvocate @ Sharjah